

إعداد

المكونات

- قطع بصل
- م ك زيت نباتي
- ع لحم الغنم، مقطعة إلى مكعبات صغيرة
- م ك معجون الطهي بصل مقلي مع سبع بهارات من ماجي®
 - كوب زبيب
 - ا كواب أرز مطبوخ
 - الكواب ماء
 - کوب لوز

- In a nonstick rice pot, sauté onions in oil until golden, 1. remove from pot and set aside for garnish. In the same pot cook minced lamb until fully cooked, add MAGGI® Sauteed onions with 7 spices Cooking Pastes and continue cooking for 2 minutes
- Add raisins, rice and water and stir gently ensuring meat 2. and rice are evenly mixed. Cover and simmer on low heat for 25-30 minutes until rice is fully cooked and water is fully absorbed
 - Transfer to a serving dish and garnish with the reserved 3. fried onions and mixed nuts

25 الدقائق

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Carbohydrates
Energy
Fats
Fiber
Protein
Saturated Fats
Sodium
Sugars